

## ACIA Self-Paced Training Content

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*Easy to access, high quality content, evidence of competency*

### Support Worker Training Package 2

#### **Personal Care and Support II**

- Diabetes
- Epilepsy
- Swallowing and Eating
- Introduction to Enteral Nutrition and Care
- Gastronomy Care
- Nutrition and Hydration
- Oral Care
- Continence and Bowel Care (incl. stomas. Colostomies, ileostomies and urostomies)
- Allergies
- Asthma
- Supporting Individuals with Spinal Cord Injuries
- Chronic Kidney Disease

#### **Personal Care and Support – Airway Support**

- Obstructive Sleep Apnoea
- Tracheostomies
- Ventilation
- Oxygen Therapy
- Respiratory Diseases

#### **Option 1 - Introduction to Medication – for staff that supervise clients to take their own medications**

- Introduction to Medication
- Groups of Medication
- PRN Medications
- Restricted Medications
- Polypharmacy
- Crushing
- Right to Refuse
- Storage
- Medication Documentation
- Medication Errors

## **Option 2 - Medication Administration – for staff that administer medications to clients**

- Introduction to Medication
- Groups of Medication
- PRN Medications
- Restricted Medications
- Polypharmacy
- Administering Medication
- Crushing
- Right to Refuse
- Storage
- Medication Documentation
- Medication Errors

## **Acquired Brain Injury**

- The Human Brain and Nervous System
- The Frontal Lobe
- The Parietal Lobe
- The Temporal Lobe
- The Occipital Lobe
- Acquired Brain Injury
- Diagnosis
- Recovery
- Common Effects of Acquired Brain Injury – cognitive, behavioural, emotional, physical
- Hormone Imbalance
- Chronic Traumatic Encephalopathy
- Recovery and Rehabilitation, incl. therapies
- Help with Legal and Financial Matters

## **Trauma Informed Care**

- Understanding Trauma
- What is Trauma Informed Care
- Understand the Person
- Trauma Informed Approach to Positive Behaviour Support
- Recognising Vicarious Trauma
- Case Studies