ACIA Self-Paced Training Content
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Easy to access, high quality content, evidence of competency

Support Worker Training Package 1

Introduction to Community Care
o   UN Convention on Rights of People with Disability
o   UN Convention on the Rights of the Child
o   Protection of Human Rights and Freedom from Abuse, Neglect and Exploitation
o   Confidentiality versus Duty of Care
o   What is Abuse and Neglect
o   Indicators of Abuse
o   Indicators of Neglect
o   Elder Abuse
o   Dealing with a Disclosure of Concern

Principles and Practice
o   Person Centered Practice and Planning
o   Active Support
o   Capacity Building
o   Duty of Care
o   Dignity of Risk
o   Negligence
o   Positive Behaviour Support
o   Managing Escalating Behaviours
o   Regulated Restrictive Practices
o   Respectful Language
o   Professional Boundaries
o   Motivational Communication
o   Recovery Based Practice
o   Trauma Informed Practice – introduction to principles

Working Safely
o   Introduction to WH&S
o   Risk Management
o   Slips, Trips and Falls
o   Hazardous Manual Tasks
o   Chemicals in the Home and Workplace
o   Working Alone
o   The Home as a Workplace
o   Food Safety

Infection Control in a Community Setting

o   What is Infection and Chain of Infection
o   COVID and Respiratory Illnesses
o   Wearing Masks
o   Infection Control
o   Hand Hygiene
o   Gloves and Glove Removal
o   Transmission-based Precautions
o   Cleaning and Disinfection
o   Management of Waste
o   Management of Exposure
o   Sharps

Personal Care and Support I

o   Introduction to Individual Support
o   Intellectual Disability
o   Introduction to Acquired Brain Injury
o   Mental Illness
o   Introduction to Self-Harm and Suicide
o   Drug and Alcohol Abuse
o   Transporting Customer
o   Personal Risk Factors
o   Personal Care

Australian Community Industry Alliance